

ROLL CALL

VFW POST 3783

VOLUME 17 ISSUE 2

FEBRUARY 2012

POST COMMANDER



The biggest little Post got some visibility last month. Department of California Commander Bobby Price and his delegation stopped in for lunch, Top Gun Dick cooked up a Monday night steak dinner for VFW Past Commanders' Club, Ladies Auxiliary had a District

Member Meeting, Jr Vice CDR organized some Ogee style entertainment and during all, **Post membership hit the bull's-eye by becoming 100%**. It does not get any better than this. Well maybe it does. House Committee under the "Great White Fisherman" Harry's leadership; pin-ball and bowling game, internet juke box, highway 67 active welcome sign and a new micro-brew called VFW 3783 draft beer are on the way. In addition, there will be the return of the Iron Chief contest along with other possibilities such as western movie night and checkers/game night. All a person would need now is a frosted beer glass or mug. Dang we got that now. It is not why you should come to the VFW but it's why anyone should want to leave. Some do not. The biggest little VFW Post in San Diego County leans forward, "where every day is a holiday, every meeting is a family reunion and every meal is a feast.

Note: Everyone's effort in executing the Mad Dog down plan is greatly appreciated. She does more that most people know and when she's not available the wheels of the wagon can fall off. Nevertheless, with Ms. Top Gun JJ, Harry, Wrong Team Andy and several others the operation kept an even keel.

Commander John "Pontiac" Hine

AUXILIARY PRESIDENT



So much to do and not enough hours in the day to get it done. With my duties as President, and 1st District's Membership Chairman, plus volunteering at the Post and Newsletter Editor my calendar has been very full. But not to worry, every thing has gotten done as it's suppose to be done. This

newsletter might be a couple of days late getting to you by mail, that's snail mail, but it will be in your hands by Saturday the 4th. I do work good under pressure if I say so myself. Any way, it has been a good month.

CONGRATS TO THE POST FOR ACHIEVING 100% IN MEMBERSHIP.

We will be selling homemade candy for Valentine's Day starting on Saturday, February 11th. The ladies will start boxing around 10:00 am and we should be ready soon after that. If any of you are interested in making candy please have it at the Post no later then 10:00 am on that date. So don't forget to buy your sweetheart a box of our delicious candy. Our Valentine's Day dinner and party will be on the 11th, so don't forget to make your reservations early for that evening.

We will be holding nominations of officers at our March meeting, time is sure flying fast. So I am asking you at this time to start thinking of what position you might be interested in holding. Without officers, this Auxiliary can not exist. You have a whole month to think this over. Please let me know if you are interested on a position or a Chairmanship.

State Commander Bobby Price and State President Joyce Bilyeu and their entourage were here visiting our 100% Post and 100% Auxiliary on their Official Visit to the 1st District. Thanks to all the Auxiliary sisters who helped with the luncheon.

Happy Valentine's Day to you all,
Rose Busang, Auxiliary President

JR. VICE COMMANDER

“Bring Back Monday Night Cook-Off” – Paula Dumas

By golly, Paula is on to something! Just because football season has come and gone does not mean we need to forgo the Monday Night festivities. Monday night football gave us yet another opportunity to come together, to socialize, to challenge one another to bring forth their best food dishes and attempt to win over the votes from the heartiest of appetites and for what, a few morsels of delectable delights that only leave us ravishing and salivating for more? No, I say something far more reaching “bragging rights”.

Starting this month, let's start by designating one Monday a month for the Monthly VFW “Iron Chef Cook-off”. We will start it off 13 February with Hors d'oeuvres so bring in your best appetizer and let the competition begin. The winner will receive (2) 2 dollar drink-chips, bragging rights and the opportunity to draw for the food category for the following month cook-off. Food categories will be determined by all present prior to the drawing.

In addition to further promoting comradeship amongst our patrons, let's add a whole new level to our Monday Night Social and bring together ideas to designate yet another Monday night for a special event. Here are a few ideas to get the ole thought process rolling;

1. Popcorn and a Movie
2. Monday Night Bunko (The Ladies love it)
3. Monday Night Checkers (The Guys love it)
4. Monday Night Juke Box Dance Off
5. Monday Night Training Seminar (Monthly Topics)
6. Monday Night Knit-sters (Who doesn't like to knit Pontiac?)
7. Monday Night Bingo

These are just a few ideas to consider. So if you have any suggestions just pass them on to me or any Post Officer and we will see what we can do.

I like to take this opportunity to thank all those who continue to make this the best little Post in the District. If it were not for all the extraordinary efforts of our volunteers, we would be just another building on the block. So, Thank You ALL!!!

Robert A Yates
VFW Post 3783
Jr. Vice Commander

ADJUTANT

From the Desk of the Adjutant:

First off congratulations to all of Post 3783! You've done it, but we're not quite done yet. We have achieved 100% in membership. Now the bar gets set higher to 105%. We need 25 new or renewals to make the Post eligible for All American status. If we can get just our unpaid members back in good standing we'll have enough members to achieve 110%. All of us are recruiters for our Post, I'm proud of the job you've done, and I thank you for the job we have done and I look forward to the direction our Post is going and growing.

As Coach Jim Mora once said “PLAYOFF'S?!” As the NFL has moved into playoff mode and there are no more Monday night games, it is time to announce our own Post 3783 Monday Night Football Cook-off Super Bowl Winner, Kim Mandichak with her impressive 8 wins she claims the rightful title of Post 3783 Iron Chef. Speaking of football, come on by and watch the Super Bowl on the 70” HDTV!

Iron Chef II: The MNF cook offs were such a success, and our members wanted to continue on in Post 3783 Buffett Battle. We put it up for a vote at the last meeting and Iron Chef II will start in February. We'll do one Monday cook off a month. That will give the chefs plenty of time to prepare their culinary delights.

Department of California Unmet Needs Fundraiser: One of our requirements this year is to hold a fundraiser to raise funds for the Department of California Unmet Needs Fund. This fund allows the department to issue funds directly to a veteran or active duty member that comes across a hardship at the most inconvenient time. La Finquita winery has gratefully donated a case of their locally produced wine. The case is laser engraved with the VFW Emblem and Post 3783, three bottles custom engraved for Post 3783 and three labeled bottles of their wonderful collection. The case will be on display inside the Post and awarded in March. Our deepest thanks to Mario and Diana Bergeron for their wonderful contribution.

Doug Scholl, Post 3783 Adjutant



SURGEON

Procedures for closing down kitchen after meals:

1. Remove all food from ovens.
2. Turn off ovens.
3. Wipe off top of oven around burners.
4. Wipe down stainless steel food prep surfaces with Lysol kitchen cleaner, wood table with hot soapy water.
5. Scour all sinks with comet/bartenders friend.
6. Do Not put trash cans on food prep tables.
7. Sweep floors paying particular attention to under oven and food prep tables.
8. Pull out cart with slicer and sweep.
9. Swab/mop deck again paying attention to under oven and food prep areas
10. Turn off water at faucets not just at the sprayer.
11. If salad bar is used remove trays and clean with Lysol kitchen cleaner.

Andy Mandichak, Surgeon

AUXILIARY CHAPLAIN

Not much going on this month. We had a celebration of life for George Poppe, who passed away in November, on Sunday, January 29th.

To help make the process of calling people for these celebrations more productive, I would like to set up a phone tree, whereas I can contact five people, those five can contact five people, etc. I would like volunteers for this project. Please give me a call at (760) 789-8791 if you would be willing to help out.

Speaking of volunteering, don't forget, we need people to make candy for our annual Valentine's Day candy sale.

Other than that, nothing to report. I hope each and everyone has a great month. Happy Valentine's Day. God Bless. Please keep our troops and their families in your prayers.

Gloria Frayer, Auxiliary Chaplain

BUDDY POPPY

BUDDY POPPY CAMPAIGN FOR MEMORIAL DAY 2012 is scheduled as follows:

Kick off—9:00 Friday 25 May to continue thru Saturday 26 May and Sunday 27 May.

There will be 3 shifts per day at Stater Bros, both doors, 3 shifts per day at Albertson's. both doors, 3 shifts per day at K-Mart, main door only, and 3 shifts per day at the Village Store, San Diego Country Estates.

So—I need to fill 54 shifts over the 3 day period. Mark your calendars and sign up at the Post. Schedule will be posted 1 May. We need new people. I have lost a few, be it death, moving or just aging.

George Little, Buddy Poppy Czar,

BLOOD ASSIST

Blood Assistant:

Blood drives are back on our calendar. Our first one will be on Saturday, March 10th 2012. While our mission doesn't change, our blood drive coordinators will. In 2012 we'll be sponsoring Naval Medical Center Balboa. Every unit collected will go into their blood bank and be provided to Veterans and Active Duty service members at Balboa, Camp Pendleton and the VA. Details will be coming forward but we're looking to make this one of the biggest blood drives in Post 3783 History. We'll pound the pavement, hold your hand and bribe you with lunch. Let's make 2012 a record year! Remember our motto "Fill the Bus!" We want to use every donor bag NMCB brings on March 10th!

Doug and Angie Scholl

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SERVICE OFFICER'S CORNER

New Law Change Increases Insurance Coverage for Veterans

WASHINGTON – Some Veterans covered under the Veterans Group Life Insurance program (VGLI) now have the opportunity to increase their coverage to the current maximum coverage under the Service members' Group Life Insurance (SGLI) program.

"Currently, 70 percent of the Veterans covered under VGLI are under age 60, have less than \$400,000 of coverage, and will greatly benefit from this law change," said Allison A. Hickey, Department of Veterans Affairs under secretary for benefits.

Under the Veterans' Benefits Act of 2010, enacted on Oct. 13, 2010, Veterans can increase their coverage by \$25,000 at each five-year anniversary date of their policy to the current legislated maximum SGLI coverage, presently, \$400,000.

To date, approximately 21 percent of eligible Veterans have taken advantage of this opportunity, resulting in nearly \$113 million of new coverage being issued.

The VGLI program allows newly discharged Veterans to convert their SGLI coverage they had while in the service to a civilian program. Before enactment of this law, Veterans could not have more VGLI than the amount of SGLI they had at the time of separation from service.

For example, those who got out of the service prior to Sept. 1, 2005, when the maximum SGLI coverage was \$250,000, were limited to \$250,000 in VGLI coverage.

Now on their first five-year anniversary, these Veterans can elect to increase their coverage to \$275,000. On their next five-year anniversary, they can increase the coverage to \$300,000, and so forth.

The additional coverage can be issued regardless of the Veteran's health. To be eligible to purchase this additional coverage, the Veteran must:

- Have active VGLI coverage,
- Have less than the current legislated maximum coverage of \$400,000,
- Request the additional coverage during the 120-day period prior to each five-year anniversary date, and
- Be less than 60 years of age on the five-year anniversary date of his or her coverage.

Eligible Veterans are notified of this opportunity a week before the start of the 120-day period prior to their anniversary date, and twice more before the actual anniversary date.

For more information about VA's Insurance Program or other VA benefits, go to www.va.gov or call 1-800-827-1000. Veterans are also encouraged to visit VA's web portal [eBenefits - Insurance](#).

Robert Yates, Service Officer

BeeBee's Massage Therapy










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February 2012

Sun	Mon	Tue	Wed	Thu	Fri	Sat
RSVP for Saturday night dinners @ 760-789-7888 6 PM & 7 PM			1 FRENCH DIP THAT's WHAT's FOR LUNCH ON WEDNESDAYS	2 BURGERS & FRIES By "Damn't" Jim 	3 FISH & SHRIMP by Matt & Suz	4 IOWA PORKERS
5 HAM & FRENCH TOAST Super Bowl	6 Every Tuesday is TACO TUESDAY 12 till gone	7 Every Tuesday is TACO TUESDAY 12 till gone	8 FRENCH DIP	9 MAUX FRIED CHICKEN	10 FISH & SHRIMP by "The Yettis"	11 PRIME RIB Valentine's Day Party 
12 STEAK & EGGS	13 IRON CHEF II Appetizers	14 AUXILIARY MEETING 7:00 PM  TACO TUESDAY	15 House Committee 6:00 pm POST Meeting 7:00 pm	16 BURGERS & FRIES By "Damn't" Jim 	17 FISH & SHRIMP by Jim D.	18 BABY BACK RIBS
19 CHICKEN FRIED STEAK	20 MAUX MEETING 7:00 PM TACO TUESDAY	21 MAUX MEETING 7:00 PM TACO TUESDAY	22 FRENCH DIP	23 BURGERS & FRIES By "Damn't" Jim 	24 FISH & SHRIMP by Dianne	25 STEAKS
26 PANCAKE BREAKFAST	27 TACO TUESDAY 	28 TACO TUESDAY 	29 FRENCH DIP	 VALENTINE'S DAY CANDY SALES ON SATURDAY, FEBRUARY 11TH. 		

FROM THE CLUBHOUSE

I would like to thank everybody for their help and phone calls since my surgery. A lot of you stepped up and helped where it was needed around the Clubhouse, thanks to those of you who did. I am somewhat back at work and am doing a little better.

Valentine's Day is around the corner, the Auxiliary will hold their Candy sales again and we will be having a party on Saturday the 11th, so come join us.

Free dinners drawn for Feb. 2012

Andy Mandichak

Debbie Yates

To be used in the month of Feb. only.

Madolyn Gifford, Clubhouse Manage

FROM THE EDITOR

Articles for March's Newsletter will be due by noon on **Saturday, Feb. 18th**. Please e-mail them to me at mymygma@aol.com.

When giving me your e-mail address, please also write you name down. I need both.

Thank you,

Rose Busang, Newsletter Editor

MAUX

Greetings Comrades,

Your Men's Auxiliary started the New Year off with a BANG! We approved 3 new members, Peter and Patrick Edd and Robert (Bob) Chisholm. Lets all welcome them to post 3783 Men's Auxiliary. We have now grown to over 60 members strong, and like a wise man once said, " It Don't Get No Better Then That". Right TJ!

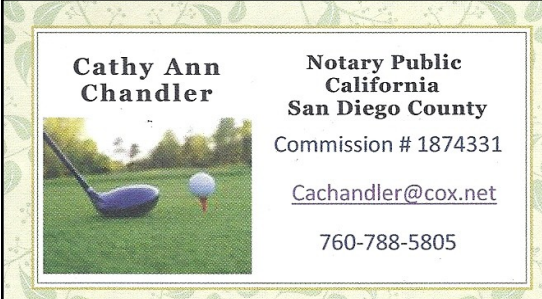
Dates to put on your Calendar:

February 13, 2012 Chicken Dinner, it's a bargain at only \$7.00 per meal. February 25, 2012 Baby Back Ribs. Remember to check the Post monthly calendar for any menu changes. The Men's Auxiliary thanks you for your support.

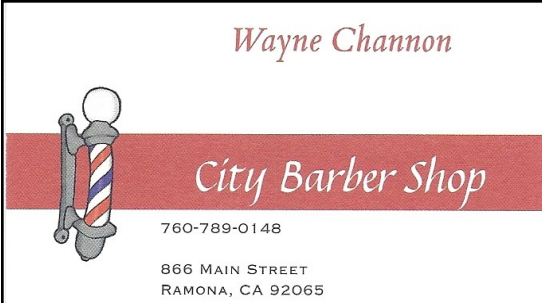
Separately, the British that were traveling North from New York City under the command of General Howe, decided to veer from the plan and 'take' Philadelphia, which they did, however, Washington's Continental Army retreated to York and prevented Howe from leaving and joining forces with Burgoyne. In addition, Washington realized that a major battle was shaping up and sent troops north. He also put the word out that any Militia that could join the troops should. The end result was a large contingent of regular troops and militia gathered in the Saratoga area.

Burgoyne again began his advance south, but was stopped about 10 miles below Saratoga. The first battle of Saratoga, the Battle of Freeman's Farm, took place on September 19, 1777. A militia of sharpshooters from Virginia harassed the British, while other colonist forces aggressively charged into battle with them. Burgoyne lost two men for every one on the American side.


Patrick Bell, Men's Auxiliary President



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The Weekly/Daily drawing is now being conducted every Friday at 1730. If you are present at the Post during the drawing you will receive 100% of the collection. See bartender for how to enter.

LETTER TO THE EDITOR

"To the VFW Post 3784 of Ramona,

We wanted to say "WOW" and an enormous "THANK YOU" for all that you did for our family this past Christmas. I was absolutely overwhelmed by the amount of gifts that were given to our children. Not only were there gifts, but food and a gift card for the grocery store! I was amazed and ever so thankful of everything! The gifts brought and the food provided made our Christmas extra special and I will never forget how the VFW of Ramona helped us. Your kindness and generosity is a gift and we are thankful for it. I hope your year is blessed and something makes you smile every day.

Thank you again!!! Love,
The Zingelewicz Family"

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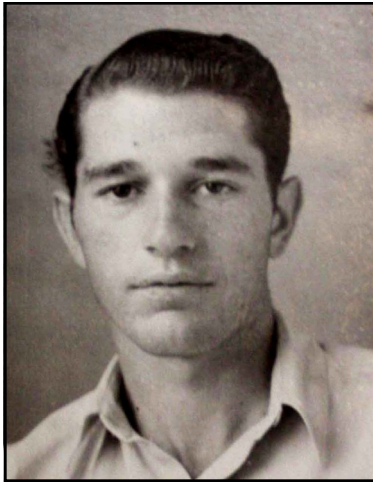
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Any requested quotes that mention this VFW ad will generate a donation from this community supporting activity to Post 3783.

These members & supporters help make our Newsletter possible. Remember them with your patronage. If you wish to advertise in this newsletter, contact Rose or Frank, your Quartermaster.

Veterans of Foreign Wars
PFC Archie G McArthur Post 3783
2247 Kelly Avenue
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Ramona's PFC Archie G McArthur was killed in action on September 19, 1944, WWII and is the namesake of our VFW Post



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POST OFFICERS:

Commander	John "Pontiac" Hine
Senior Vice	Harry Coomer
Junior Vice	Robert Yates
Quartermaster	Frank Uram
Surgeon	Andy Mandichak
Chaplain	Harold Krohne
Adjutant	Doug Scholl
1st Year Trustee	Dennis Spelts
2nd Year Trustee	Nat Prassel
3rd Year Trustee	Jim Penton
Service Officer	Robert Yates

AUXILIARY OFFICERS:

President	Rose Busang
Senior Vice	Marla Smith
Junior Vice	
Treasurer	J.J. Lemire
Conductress	Frances Graves
Chaplain	Gloria Frayer
Guard	Dianne Fink
1st Year Trustee	Kelly Schirmers
2nd Year Trustee	Kim Mandichak
3rd Year Trustee	Carole Littlefield
Secretary	Mariann Prassel

MEN'S AUXILIARY

President	Pat Bell	1st Year Trustee	Mark Lewellen
Senior Vice	Gary Smith	2nd Year Trustee	Alan Weiss
Junior Vice	Dennis Senger	3rd Year Trustee	Brian Villandre
Treasurer	Greg Trout	Secretary	Eric Swanson
Chaplain	Kory Martenson		